

**Steps for Choosing a School Lunch**

**Choose at least 3 Components, each from separate food groups, one of which must be a fruit or a veggie.**

**Please reference the posted daily menu to see component content of each item to make selections. Don't hesitate to ask for help if needed**

Step 1-	Choose an Entrée available for School Lunch that day
Step 2-	Choose a Fresh Fruit, Fruit Cup, Applesauce, Pack of Craisins/Raisins, or a Juice
Step 3-	Choose a Fresh Veggie Dipper, Hot Veggie, Small Side Salad, or a side of French Fries
Step 4-	Choose a Garlic Bread if your Entrée doesn't include a Grain already like a Bun.
Step 5-	Choose a White or Chocolate Milk if you'd like

<b>Lunch</b>					
<b>Entrée / Protein</b>		<b>Fruit</b>	<b>Veggie</b>	<b>Grain</b>	<b>Dairy</b>
Pepperoni Calzones	Popcorn Chicken	Fruit Cups	Fries	Garlic Bread	Milk
Corn Dogs Minis	Cheeseburger	Craisins/Raisins	Fresh Veggie Cups	Sandwich Buns	
Mac N' Cheese	Chicken Sandwich	Applesauce	Small Salads	Hotdog Buns	
Tacos or Nachos	Chicken Quesadillas	Grapes			
Grilled Hotdog	Penne Pasta Marinara	Apples			
Grilled BBQ Chicken Sandwich	Cheese Stuffed Bread Sticks	Juice Boxes			

<b>Outside Vendors</b>	
<b>Monday</b>	Firehouse 6" Subs- \$6
<b>Wednesday</b>	Papa John's Pizza Slices- \$2.50
<b>Tuesday</b>	Chick-Fil-A- Sandwiches- \$6.50



<b>Rotating Lunch Entrees</b>		<b>Drinks</b>	
<b>Monday-</b>	Cheese Stuffed Bread Sticks	Gatorade	\$ 2.75
	Brunch for Lunch	Propel	\$ 2.75
	Popcorn Chicken	Water 20oz	\$ 1.75
<b>Tuesday-</b>	Flame Grilled Hotdogs	Soda	\$ 1.25
	Mac N' Cheese	Tea 20oz	\$ 2.00
	Pasta Marinara	Kickstart	\$ 2.50
	French Bread Pizza	Starbucks Iced Lattes	\$ 5.25
	Popcorn Chicken	Starbucks Refreshers	\$ 5.25
<b>Wednesday-</b>	Crispy or Spicy Chicken Sandwich	Tropicana Premium	\$ 3.00
	BBQ Turkey Sandwich	Juice 6oz	\$ 0.95
	Grilled Cheese Sandwiches	Milk	\$ 0.75
	BBQ Chicken Quesadilla		
		<b>Specials &amp; Combos</b>	
<b>Thursday-</b>	Cheese or Pepperoni Pizza	Premium Wrap & Chips	\$ 6.00
	Corn Dogs	Premium Tender Baskets	\$ 6.00
	Popcorn Chicken	Premium Sandwich/Burger	\$ 6.00
		<b>House Baked Desserts</b>	
<b>Friday-</b>	Cheeseburgers	Choc Chip Cookies	\$ 3.00
	Pepperoni Calzones	Scratch Brownies	\$ 3.00
	Popcorn Chicken	Brownie/Cookie Bit Parfait	\$ 3.50

<b>Tocoi Creek Menu Price List</b>							
<b>Lunch</b>	\$ 3.50	<b>Adult Entrée</b>	\$ 3.25	<b>Garlic Bread</b>	\$ 0.35	<b>String Cheese</b>	\$ 1.00
<b>Lunch Entrée</b>	\$ 3.00	<b>Adult Lunch</b>	\$ 5.00	<b>Fruit Snacks</b>	\$ 1.00	<b>Snack Parfait</b>	\$ 3.50
<b>Vegetable</b>	\$ 0.85	<b>Fries</b>	\$ 2.00	<b>Assorted Chips</b>	\$ 1.75	<b>Rice Krispy Treat</b>	\$ 1.00
<b>Fruit</b>	\$ 0.85	<b>Tater Tots</b>	\$ 2.00	<b>Premium Ice Cream</b>	\$ 2.25	<b>Premium Salad</b>	\$ 6.00
<b>Extra Condiment</b>	\$ 0.75	<b>Fruit Roll-Up</b>	\$ 1.00	<b>Ice Cream</b>	\$ 1.00	<b>Craisins/Raisins</b>	\$ 0.85