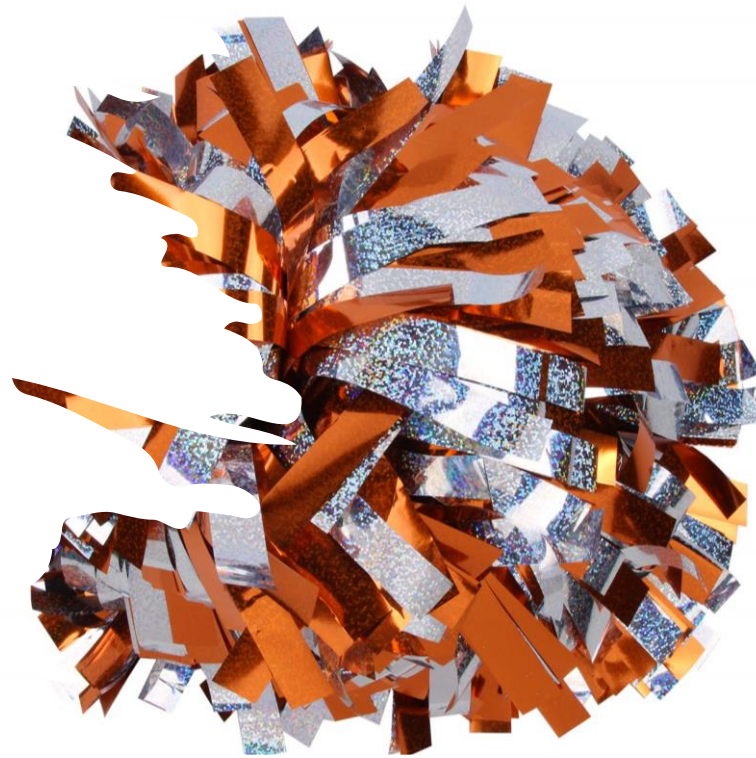


*2023-24*  
*Dance Team*



# *Agenda*

- Meet the Coaches
- Clinics / Tryouts
- Commitment
  - Time
  - Cost
- Competition



# Meet your Coaches

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*Head Coach  
Nicole Milner*

A smaller, irregular blue brushstroke shape with a rough, textured edge, serving as a background for the text.

*Asst. Coach  
Kristen Fortenot*

**Wear:** All Black Sports Attire, Lightweight Sneakers or Dance Shoes  
No Jewelry and Hair pulled back

## *Clinics / Tryouts*

Tocoi Creek Dance Room

4:30 - 6:30PM

May 2<sup>nd</sup>, Tuesday

May 3<sup>rd</sup>, Wednesday

May 4<sup>th</sup>, Thursday

8<sup>th</sup> Graders will need to enter through the main office to check in

# *Required Forms*

- You will not be able to tryout if your Athletic Clearance is not completed. Use the link below to complete:
- <https://www-tchs.stjohns.k12.fl.us/athletics/clearance/>
- Teacher Recommendations
- Current 8th Graders ONLY -
  1. Need to register their child for THIS school year (2022-2023)
  2. Make sure they put in they are currently in 8th grade and not 9th grade (as it is for this school year, not for next school year)
  3. This ONLY applies to 8th graders—they need to download, sign, and upload the FHSAA EL3 Consent Forms into their clearance. If and when they make the team, they will then need to watch the EL3 videos and upload their completion certificate AFTER June 1, 2023. This ONLY applies to 8th graders. Current students coming out need to have the videos completed and certificates uploaded.

# *How will I know if I Make the Team?*

- Everyone will receive an email by the end of the day Friday, May 5<sup>th</sup> letting you know if you have made the 2023-24 Dance Team or not.
- If you receive a congratulatory email, you will be invited to join the BAND app for all future communication.

# *Time Commitment*

- Making the 2023-24 TCHS Dance Team means that you will be committed to participating at all Home Football Games, Pep Rallies, Basketball Games, Group Performances and Charity Events.
- Practice is Mandatory and will consist of three days per week
  - Two Dance Days and One Conditioning Day
  - Summer practices will be held in the morning starting the week of July 10th
    - Days and Time TBD
  - Once school resumes, practice will be held directly after school dismissal
- NDA Camp: July 24<sup>th</sup> – 27<sup>th</sup> Renaissance WGV

# *Cost Commitment*

## **Athletic Fee**

- A \$125.00 fee is charged per Athlete per sport each school year. A portion of this fee is given back to the sport of your choice.
- This is paid online

## **NDA Camp**

- A \$312.00 fee is charged per Dancer for the week of July 24<sup>th</sup> - 27<sup>th</sup>
- This is paid directly to NDA individually

## **Dance Gear**

- A \$420.00 estimated fee will be charged for all Dancer Gear
- Gear includes: Backpack, Pom Poms, Sneakers, Jazz Shoes, Warm-up Jacket and Practice Attire (3 sets)
- This is paid to TCHS

\*\*\* This fee is estimated and will be detailed at the first 2023-24 Team Meeting



# *Competition*

- Competition Team Tryouts will be held in October
- Practice Schedule will remain at three days per week after school dismissal
- Competition Dancers will be required to attend all team competitions
- Fees will include: Competition Registration, Performance Attire and Travel Expenses, Music and Choreography

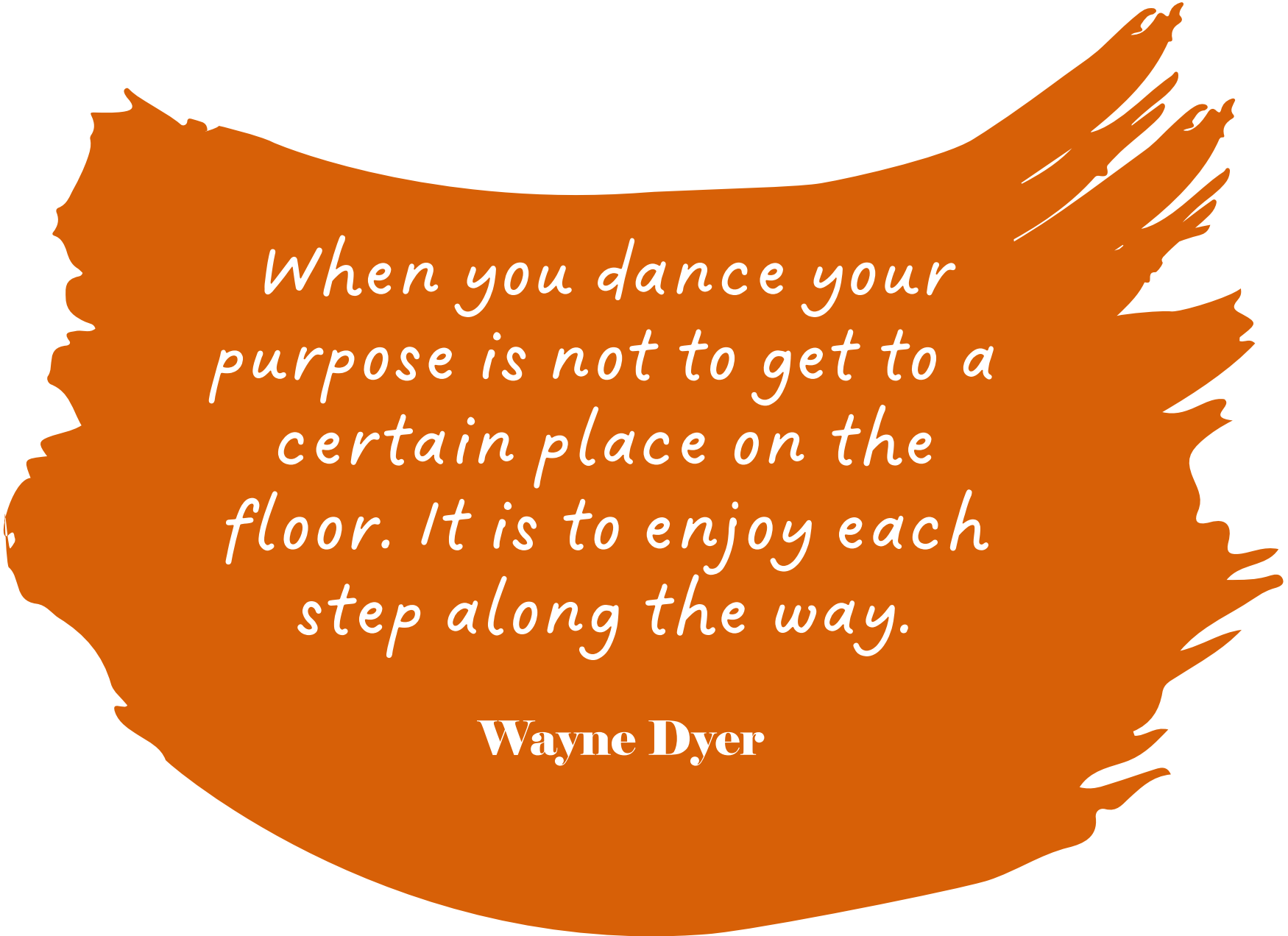


## *Fundraisers*

- An Online Fundraising Page is being set up for our team to collect donations. This will be our first Fundraiser to start right away.
- We will set up Team Sponsorship Options for local Businesses to support.
- We will set up a Team Car Wash Day

These Funds will help pay for additional uniforms, uniform add-ons/spirit gear and End of Year Banquet



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*When you dance your  
purpose is not to get to a  
certain place on the  
floor. It is to enjoy each  
step along the way.*

**Wayne Dyer**

*Thank you*

Coach Cole & Coach Kris

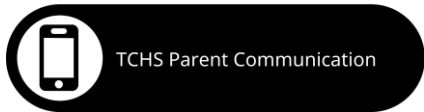
[tocoidanceteam@gmail.com](mailto:tocoidanceteam@gmail.com)

Follow us on Instagram @

[tocoicreekdanceteam](https://www.instagram.com/tocoicreekdanceteam)



# *QR Codes*



**Parent  
Communication**



**Dancer  
Application**



**Athletic  
Clearance**



**Teacher  
Recommendation**